

DAILY ACTIVITIES ST. PATRICK SENIOR CENTER

MEALS SERVED BETWEEN NOON AND 1:00 P.M. SIX DAYS A WEEK

OFFICE/ACTIVITY	DAYS OF THE WEEK	HOURS	LOCATION
ACTIVITIES OFFICE	Monday -- Friday	8:00 a.m. - 4:00 p.m.	1 st Floor
Trip/Vacation Sign-Up Days	Monday -- Friday	9:30 a.m. - 11:30 a.m.	1 st Floor
Membership ID & Renewal	Monday & Friday Wednesday	10:30 a.m. - 11:30 a.m. 1:30 p.m. - 2:30 p.m.	1 st Floor
ADMINISTRATION	Monday -- Friday	8:00 a.m. - 4:00 p.m.	1 st Floor
ADVOCACY DEPARTMENT	Monday -- Friday	8:00 a.m. - 4:00 p.m.	1 st Floor
Benefit Enrollment -- Medicare/Medicaid Assistance, MiCafe, MiBridges, and Energy Assistance Programs	Monday – Friday (or by scheduled appointment)	10:00 a.m. – 3:30 p.m.	1 st Floor
JEWELRY BEADING CLASS	Tuesday	10:00 a.m. - 12:00 p.m.	2 nd Floor
CRAFTS CLUB	Thursday		
ALTERATIONS	Monday & Wednesday	9:00 a.m. – 12:00 p.m.	2 nd Floor
BIKE CLUB	Tuesday and Thursday	8:30 – 9:00 Beginners Only 9:30-10:30 St. Pat's 55+	Mid-Town
CLOTHING ROOM (58th Place)	Monday, Wednesday, Thursday , Friday Tuesday	12:30 p.m. - 1:30 p.m. 10:30 a.m. - 11:30 a.m.	3 rd Floor
Intro to Computers	Tuesday	10:30 a.m. – 11:30 a.m.	2 nd Floor
Intro to Internet	Tuesday	1:15 p.m. – 2:15 p.m.	
Open Lab	Thursday	10:30 a.m. – 11:30 a.m. & 1:15 p.m. – 2:15 p.m.	
Ballroom Dancing	Wednesday Thursday	11:00 a.m. - 12:00 p.m. 9:30 a.m. - 10:30 a.m.	2 nd Floor Aud.
Belly Dancing	Wednesday	10:00 a.m. - 11:00 a.m.	2 nd Floor Aud
Hustle Dancing	Monday & Friday	10:00 a.m. – 11:00 a.m.	2 nd Floor Aud
Hustle Dance Class	Thursday	1:30 p.m. - 2:30 p.m.	.
Beginner Hustle Dance Class	Saturday	9:00 a.m. – 10:00 a.m.	
Hustle Dance Class	Saturday	10:00 a.m. – 11:00 a.m.	
Round Dancing	2 nd & 4 th Tuesday	10:15 a.m. – 11:15 a.m.	2 nd Floor Aud.
Stepping Dance Class	Wednesday	1:30 p.m.	2 nd Floor Aud.
Beginner Stepping Dance Class		2:30 p.m.	
Zumba Gold	Thursday	10:45 – 11:45 a.m.	2 nd Floor Aud.
EXERCISE & FITNESS			
Drum Cardio	Saturday	11:00 a.m. – 12:00 p.m.	2 nd Floor Aud.
EnhanceFitness Exercise Class	Monday Tuesday & Friday	9:00 a.m. – 10:00 a.m. 1:15 p.m. – 2:15 p.m.	.
Exercise Room	Monday, Tuesday & Wednesday	9:00 a.m. -11:00 a.m.	2 nd Floor Aud.
Tai Chi	Friday	9:00 a.m. – 10:00 a.m.	2 nd Floor Aud.
Chair Yoga	Wednesday	9:00 a.m. – 10:00 a.m.	2 nd Floor Aud
Mat Yoga	Tuesday	9:00 a.m. – 10:00 a.m.	2 nd Floor Aud
FRUIT & VEGGIE SALE	Wednesday - Thursday	10:00 a.m. –11:30a.m.	1 st Floor
Haircuts	Monday & Tuesday	9:30 a.m. –2:30 p.m.	3 rd Floor
Hair Salon (Appointment)	Wednesday Wednesday Thursday	8:30 a.m. –11:00 p.m. 1:00 pm - 3:00pm 12:30p.m. – 3:00p.m.	
HEALTH CLINIC	Monday -- Thursday	9:00 a.m. –2:00 p.m.	1 st Floor
POOL ROOM	Monday -- Friday	9:00 a.m. – 3:30 p.m.	3 rd Floor